

## **NEWS RELEASE**

North Olympic Library System 2210 South Peabody Street Port Angeles, WA 98362

## FOR IMMEDIATE RELEASE

Date: May 7, 2024

Contact: Corrina Desmarais, Older Adult Services Librarian

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Re: End of Life Ready Workshop on May 16

The North Olympic Library System (NOLS) is hosting a free two-hour workshop with End of Life Washington at 4 p.m. on Thursday, May 16, in the KSQM Community Room, 609 W. Washington St. The End of Life Ready Workshop will provide an overview of advance care planning and end-of-life options.

End of Life Washington representatives will discuss how to prepare and complete an advance directive, how to choose a health care agent, and the legal choices for dying on your terms in Washington state. This session can boost your confidence for initiating important conversations about your end-of-life choices with those you entrust with your care.

For additional information, visit <u>nols.org/end-of-life-ready</u> or contact the Sequim Library at 360-683-1161. Registration is not needed.

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